



*Pasadena's Truly Distinctive Lifestyle*

Thank you for your interest in our Pasadena senior community!  
We've been proud to offer premier independent living apartments for  
older adults since we opened in 1981.



The Oaks of Pasadena includes 85 well-designed independent living apartment homes offering residents several amenities and convenient features in a friendly community environment.

Regardless of how you choose to spend your day, our attentive staff is here to provide you with resources to make life easier and more joyful.

Gather friends together for an afternoon of fun in the Oak Room.

Treat yourself to a movie matinee or come along on one of our outings.

Go for a quiet stroll around our tranquil landscaped gardens.

Maintenance-free living allows you to spend your time how you wish.

At The Oaks, you'll find more than senior living apartments – it's a community.

Feel confident that our staff are invested in your comfort and well-being.

Enjoy a community where it's easy to find opportunities for fun and engagement.

Our goal is to enrich the lives of those who call The Oaks of Pasadena home –

whether it's creating an opportunity to socialize and make new friends or participating in daily activities designed to strengthen your body and mind.

**We invite you to schedule a tour, lunch is on us!**

**Phone: (626) 356-2600**

**Email: [info@PasadenaOaks.com](mailto:info@PasadenaOaks.com)**

**Website: [www.PasadenaOaks.com](http://www.PasadenaOaks.com)**

# Los Angeles

MAGAZINE

THE BEST OF LA

September 12, 2024

Hello!

Congratulations! We are pleased to inform you that you have been included in Los Angeles magazine's 2024 list of Top Senior Living facilities. The list will appear in the December 2024 issue of Los Angeles magazine.

The research to compile the Top Senior Living list was created and vetted by DataJoe. DataJoe architected and implemented a research campaign to identify the top retirement facilities and providers in the area by gathering information from public sources, federal ratings, and state reports. They eliminated facilities below a certain capacity and factored in negative reports. Additional internet research confirmed positive community perceptions and ratings, ensuring only top-rated, reader-relevant facilities were included.

In addition to your inclusion in the Top Senior Living feature in the magazine, you have the opportunity to memorialize your winning with a beautiful official plaque.







## **About Us**

The Oaks of Pasadena, one of the first communities of its kind in the Pasadena area, opened its doors in 1981. Since then, we've been providing unsurpassed accommodations and friendly service for adults age 55+ who enjoy our independent living apartments and beautiful grounds.

Our residents enjoy chef-prepared meals in our elegant restaurant-style dining room, housekeeping and laundry services, local transportation, assigned underground parking spaces, and a variety of social and recreational activities. Each apartment includes a private patio (ground floor) or balcony (second floor), kitchenette (studio apartments) or full-size kitchen (one and two-bedroom apartments), gas fireplace (one and two-bedroom apartments) and an emergency call system. We are proud to be a pet-friendly community!

## **Why Independent Living?**

The Oaks of Pasadena provides our residents with a variety of services and amenities to ensure they can enjoy the luxury of living in their own apartment, while relying on friendly and attentive staff to address daily needs and concerns.

Many of our residents "right-size" from a larger home when moving to The Oaks. While this is an adjustment, the independent apartment lifestyle at The Oaks offers a great deal of flexibility. For example, our one and two-bedroom apartments are equipped with full-size kitchens for cooking on your own, but we also offer daily free breakfasts plus a monthly allowance for other meals in our dining room. Likewise, residents can choose to drive their own vehicles and park in our underground assigned parking spaces, but they can also choose to use our free local transportation services.

At The Oaks of Pasadena, our residents can enjoy fresh air and a view of our beautiful grounds from their patio or balcony. But there are also paved walkways throughout the property for those residents who want to enjoy nature by walking through it. Tired of cleaning your home? Our housekeeping staff takes care of that with our weekly cleaning and bed linen service, not to mention daily trash service and bed-making.

These amenities, our friendly and helpful staff, and our variety of social and recreational activities, help to make The Oaks of Pasadena home to many happy residents.



## **Fine Dining**

The Oaks of Pasadena serves a complimentary breakfast daily, which includes a variety of options and the breakfast special of the day. Our flexible meal plan includes a monthly meal allowance for lunch and/or dinner. Residents can choose to dine in our restaurant-style dining room, order their meal for pick-up, or we will deliver to their apartment for a small delivery fee.

A separate dining room is available for private gatherings. Our prompt and courteous wait staff, bar, live music events, and special holiday meals all contribute to the unique dining experience at The Oaks of Pasadena.

## **Activities**

Our full-time activities coordinator organizes a variety of recreational and social activities, which change monthly. Some of the ongoing activities at The Oaks of Pasadena include:

- Bridge, Poker, Scrabble, Bingo, Mahjongg and knitting groups
- Sunday matinee movies and Saturday night movies
- Movie outings
- Walking club
- Exercise class
- Chair Tai Chi class
- Stretch, tone and balance class
- Summer pool exercise class
- Electronics class
- Museum outings
- Lunch outings
- Garden committee
- Food committee
- Welcome committee

Residents can also take advantage of our heated pool and Jacuzzi, and enjoy a walk amongst our lush grounds and arboretum.



### **Amenities and Services to Complement Your Daily Lifestyle**

- Tranquil landscaped gardens, arboretum and outdoor sitting areas
- Monthly calendar of social and recreational activities
- Meals prepared by on-site chef
- Elegant restaurant-style dining
- Complimentary breakfast
- Separate dining room available for private gatherings
- Jacuzzi and pool
- Arts and crafts room
- Libraries for reading, card games and socializing
- Free transportation (10-mile radius)
- Overnight security
- Emergency call system in bedrooms and bathrooms
- Complete maintenance service
- Daily trash removal and bed making
- Weekly housekeeping, including linen service
- Complimentary laundry facilities
- Assigned parking in covered garage
- Pets welcome

### **Floor Plans Include**

- Private patio or balcony
- Gas fireplace (one & two-bedroom apartments)
- Full-size kitchen (one & two-bedroom apartments) or kitchenette (studio apartments)
- Emergency call system
- Safety grab bars in bathroom
- Spacious closets and storage space
- Smoke alarms



## Tidbits

- The Oaks of Pasadena apartments are leased on an annual basis.
- A security deposit, equal to one month's rent, is required prior to move-in.
- There is no second person fee for two people in one apartment.
- Residents are responsible for electricity, internet, wi-fi and cable TV. The Oaks pays for water, gas and trash utilities.
- Any changes or upgrades to individual apartments are the sole responsibility of the resident. Changes must be approved by The Oaks management. A copy of the contractor's license along with a plan must be submitted prior to any work being done.
- Pets are welcome, but subject to our pet policy.
- Garage parking spaces are reserved for residents and employees only.
- Standard meal allowance is \$450.00 per apartment, per month. Meal allowances do not roll over.
- Tray service is available for a \$5.00 delivery charge which will be applied to the monthly meal allowance.
- Daily complimentary breakfast entrées are for each resident.
- Transportation is available within a ten-mile radius:
  - Monday – Friday, 9am – 4pm
  - Saturday 9am – 1pm
  - Please make all requests for transportation at least 24 hours in advance.
- Daily housekeeping: trash removal and bed making.
- Weekly housekeeping: apartment cleaning and linen service.
- Tipping for employees is suggested via "The Oaks Employee Christmas Fund."
- Gratuities are suggested for outside guests in the dining room (cash only, please). Tips cannot be added to the bill nor applied to the monthly meal allowance.
- Guest Room (Hotel) price is \$125 a night, and is subject to availability.
- Laundry facilities are available after 3 pm weekdays, and all day on weekends.

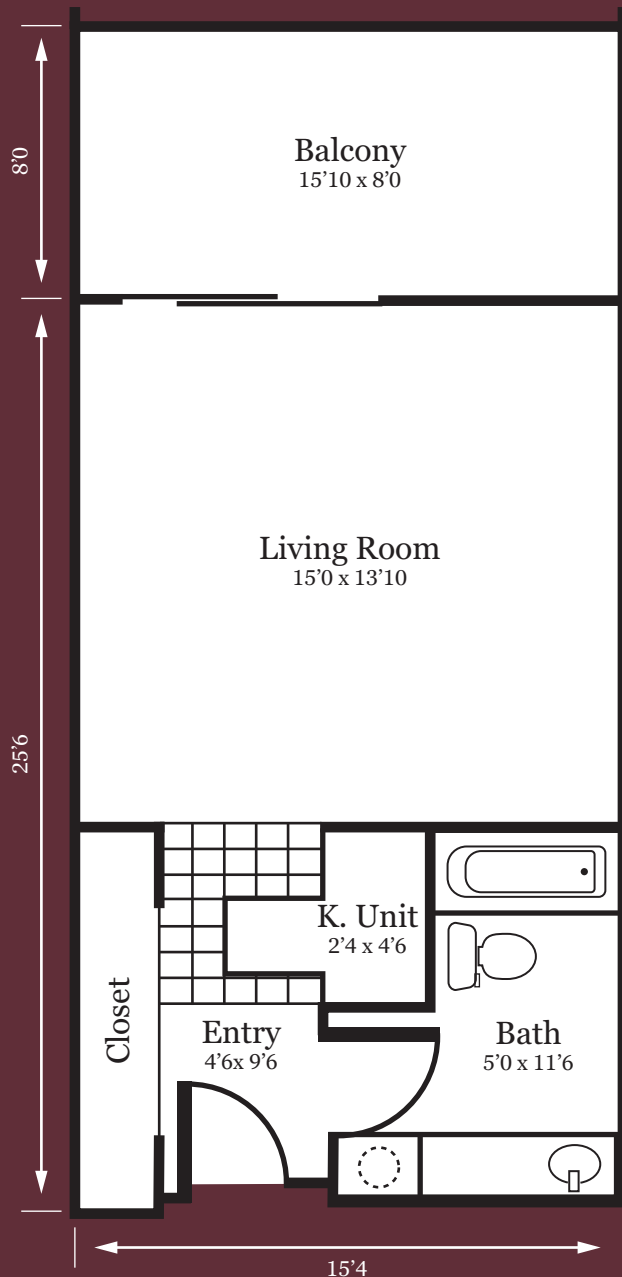


### **Nearby Points of Interest**

- Armory Center for the Arts (4.0 miles)
- Bank of America (1.4 miles)
- Chase Bank (1.1 miles)
- CVS (0.6 miles)
- Exer Urgent Care (0.3 miles)
- Huntington Hospital, an affiliate of Cedars-Sinai (4.1 miles)
- Huntington Library, Art Museum, and Botanical Gardens (2.1 miles)
- LA Fitness (1.8 miles)
- LA Metro Gold Line – Sierra Madre Villa Station (1 mile)
- Los Angeles County Arboretum (3.1 miles)
- Marshalls (2.2 miles)
- Michaels (2.5 miles)
- Norton Simon Museum (5.4 miles)
- Old Town Pasadena (3.9 miles)
- Pasadena City College (1.7 miles)
- Pasadena Convention Center (3.3 miles)
- Pasadena Playhouse (3.1 miles)
- Ralphs (1.7 miles)
- Rose Bowl Stadium (5.9 miles)
- Sierra Madre Playhouse (3.4 miles)
- Sprouts (1.4 miles)
- TJ Maxx (2.7 miles)
- Target (0.7 miles)
- The Paseo (3.1 miles)
- The Shops on Lake Avenue (3 miles)
- Trader Joe's (1.8 miles)
- USC Arcadia Hospital (4.3 miles)
- USC Pacific Asia Museum (3.5 miles)



# Floor Plan



Up to 1,480 sq. ft. living space. Studio, One-Bedroom, and Two-Bedroom Apartments.

## Each Floor plan Includes:

- Private patio (first floor) or balcony (second floor)
- Emergency call system
- Grab bars in bath/shower
- Spacious closets and storage space
- Smoke alarm/detector
- Window coverings and treatments
- Kitchenette (studio) or full-size kitchen (one and two-bedroom apartments)

## Lease Rates – effective 5/1/25

Studio	480 sq. ft.	\$4,000
One-bedroom	740 sq. ft.	\$5,550
Two-bedroom	1220 sq. ft.	\$7,850
Two-bedroom	1480 sq. ft.	\$10,100

Sizes and dimensions of all floor plans are approximate. The actual sizes and dimensions may vary.

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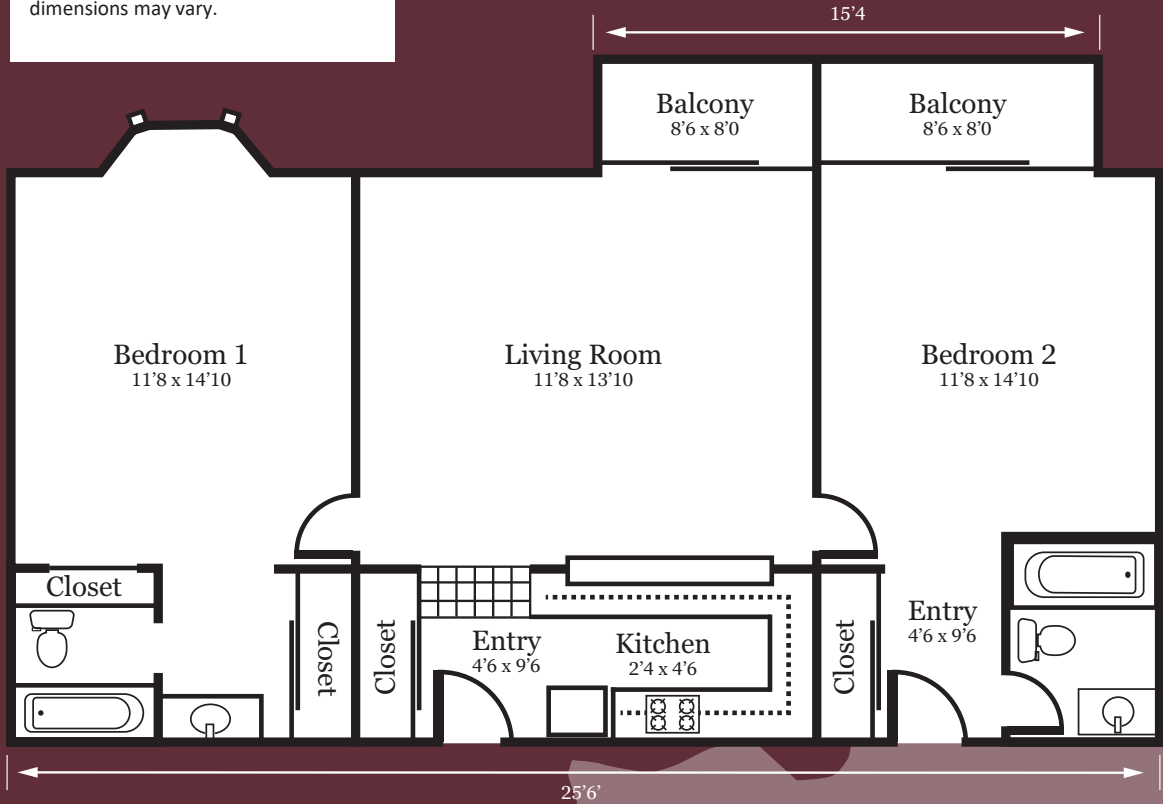
## One-Bedroom

### Each Floor plan Includes:

- Private patio (first floor) or balcony (second floor)
- Emergency call system
- Grab bars in bath/shower
- Spacious closets and storage space
- Smoke alarm/detector
- Window coverings and treatments
- Kitchenette (studio) or full-size kitchen (one and two-bedroom apartments)

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Two-bedroom	1480 sq. ft.	\$10,100

## Large Two-Bedroom





## ***Breakfast Menu***

***7:30 – 9am***

### **Breakfast Choice 1**

Daily Special – Chef's Choice

Choice of two beverages (coffee, tea, juice or milk)

### **Breakfast Choice 2**

One serving of hot or cold cereal with milk or yogurt

One serving of fruit (seasonal, fresh or cooked fruit)

Served with toast, muffin or sweet roll

Choice of bacon or sausage

Choice of two beverages (coffee, tea, juice or milk)

### **Breakfast Choice 3**

Two eggs cooked any style with sausage, bacon or ham

Hash browns

Served with toast, muffin or sweet roll

One serving of fruit (seasonal, fresh or cooked fruit)

Choice of two beverages (coffee, tea, juice or milk)

### **Breakfast Choice 4**

Two Egg Omelet

Ham, bacon, sausage, cheese, salsa,

Mushrooms, tomatoes or onions

Hash browns

Served with toast, muffin or sweet roll

One serving of fruit (seasonal, fresh or cooked fruit)

Choice of two beverages (coffee, tea, juice or milk)

### **Breakfast Side Items**

Bacon or Sausage.....	\$2.50	½ Grapefruit.....	\$1.50
One Egg (any style).....	\$1.15	Fruit (seasonal slice or melon)...	\$1.50
Yogurt.....	\$1.50	Sweet Roll, Muffin or Toast.....	\$3.00
Hot or Cold Cereal.....	\$2.00	Juice, Milk.....	\$2.55
Coffee, Tea (with refills) .....		\$2.25	

**Guest Price..... \$12.25** (plus tax)

(All prices subject to change)



*Sample Dinner Menu*  
*Choice of Soup or Salad*

*Soup of the Day*  
*Cream of Corn*  
*or Vegetable Soup*

*Salad of the Day*  
*Greek Salad*  
*or Tossed Green Salad*

*Today's Special Entrées*  
*BBQ Meatloaf*  
*Served with Garlic Mashed Potatoes*  
*\$11.50*

*Chicken California*  
*Topped with Avocado & Tomato*  
*\$11.75*

*Grilled Salmon*  
*\$12.95*  
*Choice of Potato or Rice Pilaf*

*Desserts*  
*Assorted Array of Pastries,*  
*Cakes and Pies*

*Beverages*  
*Coffee or Tea*





*Sample Lunch Menu*  
*Choice of Soup or Salad*

*Soup of the Day*  
*Chicken & Rice*  
*or Vegetable Soup*

*Salad of the Day*  
*Peaches & Cottage Cheese*  
*or Tossed Green Salad*

*Today's Special Entrées*

*Turkey & Avocado Melt*

*Served with Fresh Fruit*

*\$11.95*

*Fiesta Potato*

*Topped with Bacon & Chives*

*\$10.95*

*Grilled Fillet of Sole*

*\$12.75*

*Choice of Accompaniment*

*Steamed Broccoli or Steamed Corn*

*Choice of Potato or Rice Pilaf*

*Desserts*

*An Assorted Array of*  
*Pastries, Cakes and Pies*

*Beverages*

*Coffee or Tea*

# À LA CARTE MENU

## SALADS

ENTRÉE SALAD: CHOICE OF TUNA, CHICKEN, TRIO OR CHEF SALAD.....\$11.75  
FRUIT AND COTTAGE CHEESE SALAD..... \$10.25

## FAVORITES

FAVORITES ARE SERVED WITH A CHOICE OF ONE:

FRENCH FRIES, FRESH CUT FRUIT, MASHED POTATOES, VEGETABLE OF THE DAY,  
SOUP OF THE DAY, VEGETABLE SOUP, SALAD OF THE DAY OR  
TOSSED GREEN SALAD    Add Avocado \$1.00            Add Cheese .50¢

Ham, Turkey, Tuna, BLT or Chicken Salad Sandwich.....	\$10.50
Club Sandwich or Grilled Chicken Breast Sandwich .....	\$11.50
Grilled Cheese Sandwich with Tomato.....	\$9.25
Cheeseburger or Hamburger .....	\$11.25
Turkey, Veggie or Salmon Burger .....	\$11.25
All Beef Hot Dog .....	\$9.00

Sandwiches are served on your choice of White, Wheat, Rye or Sourdough bread.  
Please let your server know if you want your bread toasted.

## MEALS

SERVED WITH A CHOICE OF SOUP OR SALAD, ONE VEGETABLE, AND A CHOICE OF  
POTATO OR RICE

Hamburger Steak.....	\$12.75
Grilled Chicken Breast.....	\$11.25
Chicken Salad.....	\$11.25
Tuna Salad.....	\$11.25

## SIDE ORDERS

SIDE OF CHICKEN BREAST / HAMBURGER PATTY .....	\$5.95
SIDE OF TURKEY PATTY / VEGGIE PATTY .....	\$5.95
SIDE OF TUNA OR CHICKEN SALAD (6 OZ.).....	\$5.95



### SIDE DISHES

FRENCH FRIES.....	\$3.00
COTTAGE CHEESE.....	\$2.25
VEGETABLES.....	\$2.25
SMALL SOUP .....	\$3.25
LARGE SOUP .....	\$4.25
TOSSED GREEN SALAD...	\$3.75
SMALL FRUIT BOWL.....	\$3.50

### DESSERTS

CAKE/PIE OF THE DAY.....	\$4.00
CAKE/PIE A LA MODE.....	\$5.00
SPECIAL DESSERT.....	\$5.00
JELLO/CUSTARD.....	\$2.75
BAKED COOKIES 1/.50 or 2/\$1.00	
ICE CREAM (1 SCOOP).....	\$2.00
ICE CREAM (2 SCOOPS).....	\$3.00
YOGURT.....	\$2.25





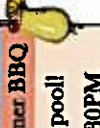

### DRINKS

BEER OR WINE /GLASS...	\$6.00
MIXED DRINKS.....	\$8.00
MILK OR SODA.....	\$2.50
JUICE (5 OZ.).....	\$2.50
COFFEE OR TEA.....	\$2.50

# JUNE Activities Calendar 2025



•Check the Front Desk for Activity Sign-Up Sheets

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>  10AM Sunday Service <b>Sunday Matinee</b> <b>'BIG'</b> 2:30 PM	6/2 Joan 6/3 Pat 6/8 June 6/9 Millie 6/24 Richard	6/27 Louisa 6/28 Ralph	 11:00 Exercise Class 12:30PM Santa Anita Mall 1:30 Bridge 6:30PM Music Appr.	 9:00AM Walking Group 11:00 Yoga Class 12:15 Lunch Bunch Outing 2PM USC Guest Speaker Pianist Rocky!	<b>DID YOU KNOW?</b> "The summer solstice, which marks the start of summer, is the longest day of the year!" 11:00 Exercise Class 12:30PM Target Needle Arts 2:00PM Pianist Matt!	<b>7</b> 9:00AM Walking Group 11:00 Chair Tai Chi Saturday Matinee <b>'SHERLOCK HOLMES'</b> 2:30 PM
<b>8</b> 10AM Sunday Service 11:00 Line Dancing 	<b>9</b> 11:00 Exercise Class 2:00 Scrabble Pianist Rocky//NAPA Spring Term: 6:30PM History of European Art	<b>10</b> 9:00AM Walking Group 11:00 Chair Tai Chi 12:30PM CVS 2:30-4:00 PM	<b>11</b> 11:00 Exercise Class 1:30PM Dollar Tree Book Club Meeting at 3PM In The Oak Room 6:30PM Last Music Appr.	<b>12</b> 9:00AM Walking Group 11:00 Yoga Class 1:30 POKER Pianist Rocky!	<b>13</b> 11:00 Line Dancing 12:30PM Vromans Needle Arts 2:00PM Pianist Matt!	<b>14</b> 9:00AM Walking Group 11:00 Chair Tai Chi Saturday Matinee <b>'MILLION DOLLAR BABY'</b> 2:30 PM
<b>15</b> 10AM Sunday Service 11:00 Line Dancing Happy Fathers Day <b>Dining from:</b> 12PM-4PM	<b>16</b> 11:00 Exercise Class 2:00 Scrabble Pianist Rocky//NAPA Spring Term: 6:30PM History of European Art	<b>17</b> 9:00AM Walking Group 11:00 Chair Tai Chi 12:30PM Ralphs 2PM 'My Story' With Joyce & The Alexanders	<b>18</b> 11:00 Exercise Class 12:30PM Walgreens 1:30 Bridge Painting class: Landscape Art! Patio room at 2PM	<b>19</b> 9:00AM Walking Group 11:00 Yoga Class 12:15 Lunch Bunch Outing 2:30-4:00 PM POKER Pianist Rocky!	<b>20</b> 11:00 Exercise Class Needle Arts 2:00PM Pianist Matt!	<b>21</b> 9:00AM Walking Group 11:00 Chair Tai Chi 
<b>22 &amp; 29th</b> 10AM Sunday Service 11:00 Line Dancing Sunday Matinee <b>Mystic River/Green Fingers</b> 2:30 PM	<b>23 &amp; 30th</b> 11:00 Exercise Class 2:00 Scrabble Pianist Rocky//NAPA	<b>24</b> 9:00AM Walking Group 11:00 Chair Tai Chi 12:30 Birthday Cake! Electronics Workshop 2:00PM-3:00PM	<b>25</b> 11:00 Exercise Class 12:30PM Rite Aid <b>Eaton Fire Victims Workshop</b> Oak Room at 2PM	<b>26</b> 9:00AM Walking Group 11:00 Yoga Class 1:30 POKER Pianist Rocky!	<b>27</b> Resident Meeting 11AM In Oak Room 12:30PM Michaels Needle Arts 2:00PM Pianist Matt!	<b>28</b> 9:00AM Walking Group 11:00 Chair Tai Chi 

If you have suggestions for our Activities Calendar, please see Mel at the Front Desk or one of your Adventure Committee members!



# THE RETREAT



*Pasadena's Truly Distinctive Assisted Living Choice*

THE RETREAT is an Assisted Living Facility for older adults that is located in a beautiful, serene community in Pasadena. The desirable location is not the only reason that sets this facility apart from others. It is the compassionate, one-to-one care given to every resident that calls it their home. THE RETREAT provides a unique level of care with the comforts of home – a distinctive alternative for older adults who can no longer live safely in their own home.

- Licensed for 9 residents
  - Ambulatory and non-ambulatory
  - Shared and private rooms
- 24-hour care providers
  - Most care providers have been with the facility for over five years
- Assistance with all activities of daily living
- Monthly wellness visits by a medical practitioner
- Dementia care
  - Safe environment, with care provided by dementia trained care providers
- We accept and care for hospice patients
- We can accommodate residents who have the following special care needs, with prior approval and under the care of an appropriately skilled professional:
  - Administration of oxygen
  - Catheter care
  - Colostomy/ileostomy care
  - Contractures
  - Diabetes

**365 El Nido Avenue**

**Pasadena, California 91107**

**Phone/fax: (626) 356-2526**



## **THE RETREAT**

### **Distinctive Assisted Living**

#### Rate Schedule

- Rates start at \$7,500 per month\*
- Each resident has their own room
- Each resident receives an individual assessment to determine the most appropriate care plan
- Short-Term Respite available

#### Primary Services Include

- Three delicious, well-balanced meals served daily featuring a variety of menu choices
- Snacks available throughout the day
- Daily housekeeping and trash removal
- Weekly laundry (except dry-cleaning)
- Daily activities including: physical fitness, creative, social and learning activities and programs
- Monthly wellness visits by a licensed nurse
- Trained staff available 24 hours a day
- Social and educational programs for residents and their families

#### Additional Care Services Include

- Medication Monitoring
- Bathing
- Grooming
- Transferring
- Nightly Bed Checks
- Incontinence Care

.  
\*All ADL (Activities of Daily Living) services are inclusive in the Rate Schedule, excluding incontinence products.



**We appreciate the opportunity to provide you with information  
about The Oaks of Pasadena.**

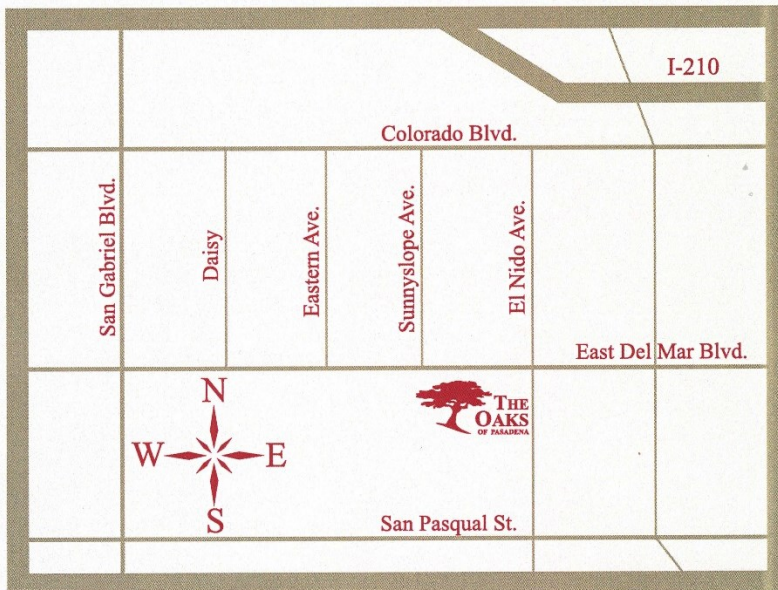
**We would be delighted to answer any questions you may have  
or arrange a tour.**

**You can reach us at 626-356-2600 Monday - Friday during  
regular business hours.**

**Alternatively, you may email us at: [info@pasadenaoaks.com](mailto:info@pasadenaoaks.com)**

**We look forward to connecting with you soon!**

**[www.pasadenaoaks.com](http://www.pasadenaoaks.com)**



From the I-210, exit toward Madre Street.  
Head South on Madre Street.  
Turn Right on East Del Mar Blvd.  
Turn into property on left.



2954 East Del Mar Blvd.

Pasadena, CA 91107

Phone: (626) 356-2600

Fax (626) 356-2596

